

SMART SNACKING



February 2025

Ames VPA Elementary (PK-5)

Pre-K Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Lunch • BBQ Chicken TOTchos • Hawaiian Roll Fruit & Vegetable Bar • Applesauce	4 Lunch • Baked Mozzarella Cheese Sticks • Corn Fruit & Vegetable Bar • Fresh Orange Wedges	5 Lunch • Spaghetti with Italian Meat Sauce • Herbed Cauliflower Fruit & Vegetable Bar • Fruit Cocktail	6 Lunch • Chicken Corn Dog • Glazed Carrots Fruit & Vegetable Bar • Fresh Orange Wedges	7 Lunch • Classic Cheese Pizza • Seasoned Broccoli Fruit & Vegetable Bar • Blue Raspberry Lemon Frozen SideKicks
10 Lunch • Classic Cheeseburger in Bun • Tater Tots Fruit & Vegetable Bar • Tropical Fruit Cocktail	11 Lunch • Beef, Bean & Cheese Burrito • Seasoned Black Beans Fruit & Vegetable Bar • Fresh Pear	12 Lunch • Toasty Cheese Sandwich • Campbell's Tomato Soup Fruit & Vegetable Bar • Tropical Fruit Cocktail	13 Lunch • Italian Chicken Parm Sandwich • Seasoned Corn Fruit & Vegetable Bar • Fresh Orange Wedges	14
17	18 Lunch • Mini Chicken Corn Dogs • Seasoned Zucchini Fruit & Vegetable Bar • Fresh Red and Green Seedless Grapes	19 Lunch • Rotini with Italian Turkey Meat Sauce • Seasoned Broccoli • Garlic Herb Flatbread Fruit & Vegetable Bar • Chilled Peaches	20 Lunch • Chicken Taco Meat • Soft Flour Tortilla • Mexicali Corn • Salsa Fruit & Vegetable Bar • Fresh Banana	21 Lunch • Classic Cheese Pizza • Seasoned Peas Fruit & Vegetable Bar • Orange Pineapple & Cherry Swirl
24 Lunch • Toasty Cheese Sandwich • Seasoned Cauliflower Fruit & Vegetable Bar • Pineapple Tidbits	25 Lunch • Soft Beef Whole Grain Taco • Seasoned Black Beans Fruit & Vegetable Bar • Fresh Orange Wedges	26 Lunch • Classic Cheeseburger in Bun • Seasoned Peas Fruit & Vegetable Bar • Cinnamon Diced Peaches	27 Lunch • Jumbo Crispy Chicken Tenders • Mashed Potatoes Fruit & Vegetable Bar • Fresh Orange Wedges	28 Lunch • Classic Cheese Pizza • Seasoned Corn Fruit & Vegetable Bar • Sunbelievable Frozen SideKicks

🌻 2/3 Tater Tot Day 🌻 2/13 Italian Food Day

If you have a food allergy, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.